

# 2024 NorCal Men's State Championships

## Session Summary

Mar 1-3, 2024

Friday, March 1, 2024		Session: 1	Open Warmup 9:00 AM	Timed Warmup 9:25 AM
Levels 6 & 8		# Gymnasts 47		
Gym	Level	# Gymnasts		
Bayshore	6D1	2		
Central Coast	6D1	1		
Central Coast	8E	1		
Clovis Academy	8	1		
CSC - Great Oaks	8	5		
CSC - Great Oaks	8E	2		
Davis Diamonds	8	8		
Elevate	6D1	2		
Elevate	8	2		
Extreme gymnastics	6D1	1		
Extreme gymnastics	8	1		
Gymnastics Unlimited	8	1		
Head Over Heels	6D1	1		
Head Over Heels	8	2		
IGC	8	1		
PENINSULA	6D1	1		
SBG	6D1	4		
SBG	8E	1		
Technique	8	1		
The Cave	6D1	2		
Top Squad Gymnastics	8	1		
USC	6D1	1		
W COGA	6D1	5		

Friday, March 1, 2024		Session: 2	Open Warmup 12:30 PM	Timed Warmup 12:55 PM
Level 9		# Gymnasts 58		
Gym	Level	# Gymnasts		
Accel	9	6		
Bayshore	9	1		
Central Coast	9	1		
Clovis Academy	9	2		
CSC - Race	9	1		
CSC - Great Oaks	9	5		
CSC - Great Oaks	9E	3		
Davis Diamonds	9	5		
Elevate	9	6		
GCG	9	1		
Gold Star	9	5		
Head Over Heels	9	2		
Head Over Heels	9E	2		
PENINSULA	9E	2		
SBG	9	7		
Technique	9	2		
W COGA	9	7		

# 2024 NorCal Men's State Championships

## Session Summary

Mar 1-3, 2024

Friday, March 1, 2024		Session: 3	Open Warmup 4:00 PM	Timed Warmup 4:25 PM
Level 10		# Gymnasts 56		
Gym	Level	# Gymnasts		
Accel	10	4		
Bayshore	10	3		
Bayshore	10E	1		
Central Coast	10	2		
Central Coast	10E	1		
Clovis Academy	10	5		
CSC - Race	10	5		
CSC - Great Oaks	10	1		
CSC - Great Oaks	10E	1		
Davis Diamonds	10	2		
Elevate	10	4		
Elevate	10E	2		
Gymnastics Unlimited	10	2		
Head Over Heels	10	3		
Head Over Heels	10E	2		
Mastery Of Sport	10	4		
SBG	10	8		
SBG	10E	3		
Top Squad Gymnastics	10	2		
W COGA	10	1		

Saturday, March 2, 2024		Session: 4	Open Warmup 9:00 AM	Timed Warmup 9:25 AM
Level 4 (8-10) & D2		# Gymnasts 53		
Gym	Level	# Gymnasts		
Accel	4D1	2		
Bayshore	4D1	2		
Cal Strong	4D1	5		
Cal Strong	4D2	1		
Central Coast	4D1	4		
CSC - Race	4D1	2		
CSC - Great Oaks	4D1	1		
Davis Diamonds	4D1	1		
Elevate	4D1	3		
Extreme gymnastics	4D1	4		
GCG	4D1	1		
Head Over Heels	4D1	2		
IGC	4D1	6		
interstellar gym	4D1	2		
Mastery Of Sport	4D1	1		
PENINSULA	4D1	1		
SBG	4D1	1		
The Cave	4D1	1		
Top Flight	4D1	3		
Top Squad Gymnastics	4D1	2		
USC	4D1	8		

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Mar 1-3, 2024

Saturday, March 2, 2024	Session: 5	Open Warmup 12:30 PM	Timed Warmup 12:55 PM
Level 4 (11+)	# Gymnasts 52		
Gym	Level	# Gymnasts	

Accel	4D1	4
Bayshore	4D1	1
Cal Strong	4D1	1
Clovis Academy	4D1	2
CSC - Great Oaks	4D1	4
Davis Diamonds	4D1	4
Elevate	4D1	4
Extreme gymnastics	4D1	1
GCG	4D1	3
Gold Star	4D1	2
Head Over Heels	4D1	2
IGC	4D1	2
interstellar gym	4D1	1
Mastery Of Sport	4D1	2
PENINSULA	4D1	4
Technique	4D1	4
The Cave	4D1	2
Top Squad Gymnastics	4D1	1
USC	4D1	1
W COGA	4D1	7

Saturday, March 2, 2024	Session: 6	Open Warmup 4:00 PM	Timed Warmup 4:25 PM
Level 7 & Tech Seq	# Gymnasts 41		
Gym	Level	# Gymnasts	

Accel	7	10
Central Coast	7	3
Elevate	7	2
GCG	7	3
PENINSULA	7	7
SBG	7	1
Technique	7	3
Top Flight	7	1
Top Squad Gymnastics	7	1
USC	7	2
W COGA	7	8

# 2024 NorCal Men's State Championships

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Mar 1-3, 2024

Gym	Level	# Gymnasts
Accel	3D1	4
Bayshore	3D1	4
Cal Strong	3D1	5
Central Coast	3D1	5
Clovis Academy	3D1	2
CSC - Race	3D1	4
CSC - Great Oaks	3D1	8
Davis Diamonds	3D1	1
Elevate	3D1	1
Excel Gymnastics	3D1	2
Extreme gymnastics	3D1	1
Head Over Heels	3D1	6
IGC	3D1	2
Mastery Of Sport	3D1	5
PENINSULA	3D1	7
SBG	3D1	3
Technique	3D1	3
The Cave	3D1	1
Top Flight	3D1	2
Top Squad Gymnastics	3D1	2
USC	3D1	1
W COGA	3D1	4

# 2024 NorCal Men's State Championships

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Mar 1-3, 2024

Sunday, March 3, 2024		Session: 8	Open Warmup 11:30 AM	Timed Warmup 11:55 AM
Level 3 (9, 11+, D2)		# Gymnasts 59		
Gym	Level	# Gymnasts		
Accel	3D1	3		
Cal Strong	3D1	1		
Cal Strong	3D2	1		
Central Coast	3D1	1		
CSC - Race	3D1	6		
CSC - Great Oaks	3D1	7		
Davis Diamonds	3D1	11		
Elevate	3D1	2		
Excel Gymnastics	3D1	3		
Extreme gymnastics	3D1	3		
Extreme gymnastics	3D2	2		
Head Over Heels	3D1	1		
IGC	3D1	1		
Mastery Of Sport	3D1	2		
PENINSULA	3D1	2		
SBG	3D1	2		
Technique	3D1	2		
Top Flight	3D1	1		
Top Squad Gymnastics	3D1	1		
USC	3D1	1		
W COGA	3D1	1		
W COGA	3D2	5		

Sunday, March 3, 2024		Session: 9	Open Warmup 2:50 PM	Timed Warmup 3:15 PM
Level 5		# Gymnasts 64		
Gym	Level	# Gymnasts		
Accel	5D1	6		
Bayshore	5D1	3		
Cal Strong	5D1	3		
CSC - Race	5D1	3		
CSC - Great Oaks	5D1	4		
Davis Diamonds	5D1	1		
Elevate	5D1	5		
Extreme gymnastics	5D1	2		
Gold Star	5D1	1		
Head Over Heels	5D1	4		
IGC	5D1	3		
Mastery Of Sport	5D1	4		
PENINSULA	5D1	3		
SBG	5D1	9		
Technique	5D1	6		
The Cave	5D1	2		
W COGA	5D1	5		